

# FIRST SUNDAY OF LENT

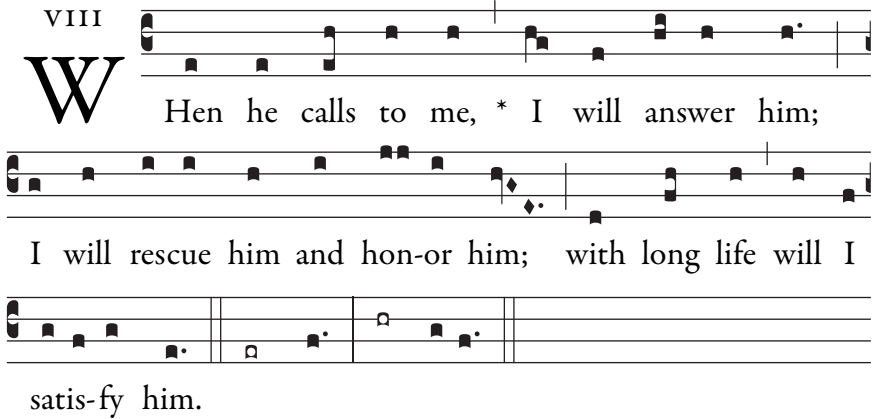
## INTROIT

*Invocabit me*

*Ps 91 (90): 15, 16*

VIII

**W**



Hen he calls to me, \* I will answer him;  
I will rescue him and hon-or him; with long life will I  
satis-fy him.

## Psalm 91 (90)

1. He who dwells in the shelter of the Most **High**, \*  
and abides in the shade of the *Almighty*,  
says to the LORD, “My **refuge**, \*  
my stronghold, my God in whom *I trust!*”
2. He will free you from the snare of the **fowler**, \*  
from the destructive **plague**;  
he will conceal you with his pinions, †  
and under his wings you will find **refuge**. \*  
His faithfulness is buckler *and shield*.
3. You will not fear the terror of the **night**, \*  
nor the arrow that flies *by day*,  
nor the plague that prowls in the **darkness**, \*  
nor the scourge that lays waste *at noon*.

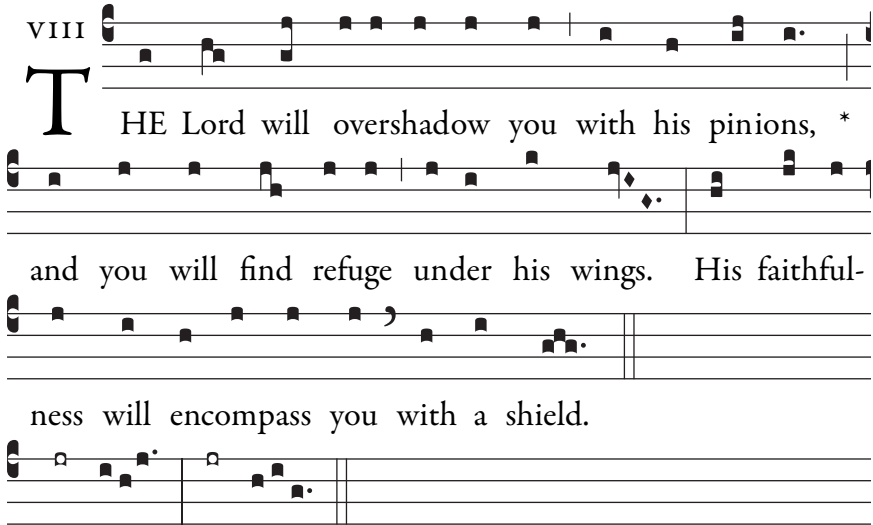
Glory be to the Father ...

OFFERTORY

*Scapulis suis*

*Ps 91 (90): 4-5*

VIII



**T** HE Lord will overshadow you with his pinions, \*  
and you will find refuge under his wings. His faithful-  
ness will encompass you with a shield.

Psalm 91 (90)

1. He who dwells in the shelter of *the Most High*, \*  
and abides in the shade of *the Almighty*,  
says to the *LORD*, "*My refuge*, \*  
my stronghold, my God in *whom I trust!*"
2. You will not fear the terror of *the night*, \*  
nor the arrow that *flies by day*,  
nor the plague that prowls in *the darkness*, \*  
nor the scourge that lays *waste at noon*.
3. A thousand may fall at your side, †  
ten thousand fall *at your right*: \*  
you it will never *approach*.
4. Your eyes have *only to look* \*  
to see how the wicked *are repaid*.  
For you, O *LORD*, *are my refuge*. \*  
You have made the Most *High your dwelling*.

COMMUNION

*Scapulis suis*

*Ps 91 (90): 4-5*

III

**H**E will overshadow you with his pinions, \* and  
you will find refuge under his wings. His faithfulness will  
en-compass you with a shield.

Psalm 91 (90)

1. He who dwells in the shelter of the *Most High*, \*  
and abides in the shade of the *Almighty*,  
says to the LORD, “*My refuge*, \*  
my stronghold, my God in whom *I trust!*”
2. He will free you from the snare of *the fowler*, \*  
from the destructive **plague**;  
For you has he commanded *his angels* \*  
to keep you in all *your ways*.
3. They shall bear you upon *their hands*, \*  
lest you strike your foot against *a stone*.  
On the lion and the viper you *will tread*, \*  
and trample the young lion and *the serpent*.
4. Since he clings to me in love, I *will free him*, \*  
protect him, for he knows *my name*.  
When he calls on me, I will answer him; †  
I will be with him in *distress*; \*  
I will deliver him, and give *him glory*.

5. With length of days I will *content* him; \*  
I will show him my *saving* power.

Glory be to the Father ...

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