

# THE MOST HOLY TRINITY

INTROIT (Years A & B)

*Benedicta sit*

*Tob 12, 6*

VIII

**B** Lessed be the Ho-ly Trini-ty \* and its un-di-vi-ded  
U-nity; we shall ev-er give him thanks, for he has dealt  
with us according to his mer-cy.

## Psalm 8

1. O LORD, our LORD, how majestic †  
is your name through all the **earth!** \*  
Your majesty is set above *the* heavens.  
From the mouths of children and of babes †  
you fashioned praise to foil your **enemy,** \*  
to silence the foe and *the* rebel.
2. When I see the heavens, the work of your **fingers,** \*  
the moon and the stars which you *arranged,*  
what is man that you should keep him in **mind,** \*  
the son of man that you care *for* **him?**
3. Yet you have made him little lower than the **angels;** \*  
with glory and honor *you* **crowned** him,  
gave him power over the works of your **hands:** \*  
you put all things under *his* **feet.**

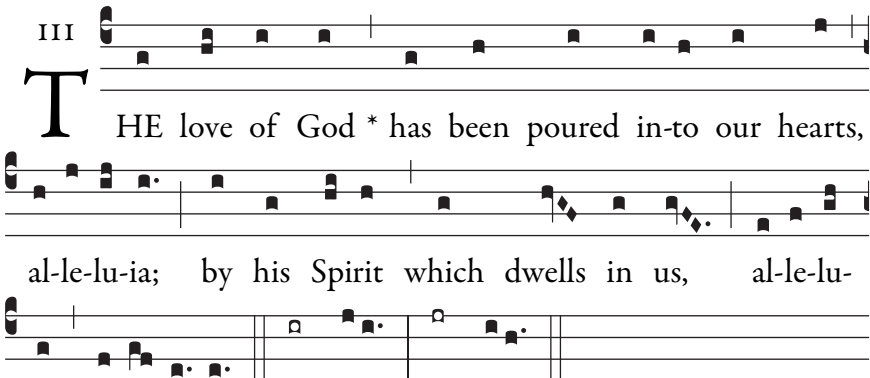
Glory be to the Father ...

INTROIT (Year C)

*Caritas Dei*

*Rom 5: 5; 10: 11*

III



**T** HE love of God \* has been poured in-to our hearts,  
al-le-lu-ia; by his Spirit which dwells in us, al-le-lu-  
ia, al-le-lu-ia.

Psalm 103 (102)

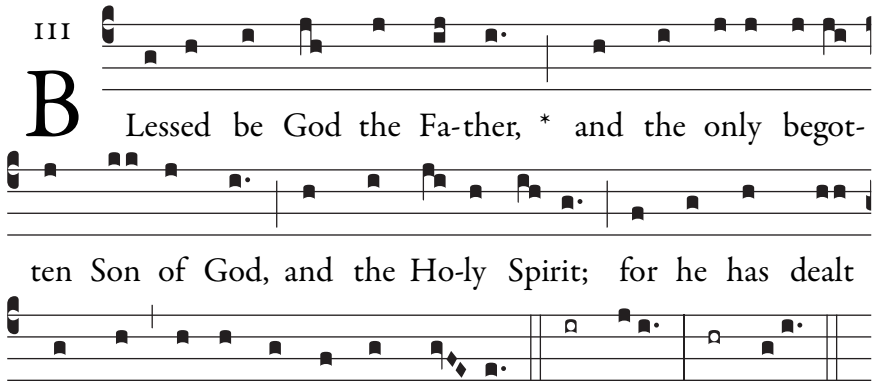
1. Bless the LORD, O *my soul*, \*  
and all within me, his *holy name*.  
Bless the LORD, O *my soul*, \*  
and never forget all *his benefits*.
2. It is the LORD who forgives all *your sins*, \*  
who heals every one of *your ills*,  
who redeems your life from *the grave*, \*  
who crowns you with mercy and *compassion*,  
who fills your life with *good things*, \*  
renewing your youth like *an eagle's*.
3. The LORD does *just deeds*, \*  
gives full justice to all who are *oppressed*.  
He made known his ways *to Moses*, \*  
and his deeds to the children *of Israel*.  
Glory be to the Father ...

OFFERTORY

*Benedictus sit*

*Cf. Tob 12: 6*

III



**B** Lessed be God the Fa-ther, \* and the only begot-  
ten Son of God, and the Ho-ly Spirit; for he has dealt  
with us according to his mer-cy.

Canticle of the Three Young Men

1. Bless the Lord, all you works of *the* Lord. \*  
Praise and exalt him above all *forever*.  
Angels of the Lord, bless *the* Lord, \*  
You heavens, bless *the* Lord.  
All you waters above the heavens, bless *the* Lord. \*  
All you hosts of the Lord, bless *the* Lord.
2. Sun and moon, bless *the* Lord. \*  
Stars of heaven, bless *the* Lord.  
Every shower and dew, bless *the* Lord. \*  
All you winds, bless *the* Lord.  
Fire and heat, bless *the* Lord. \*  
Cold and chill, bless *the* Lord.

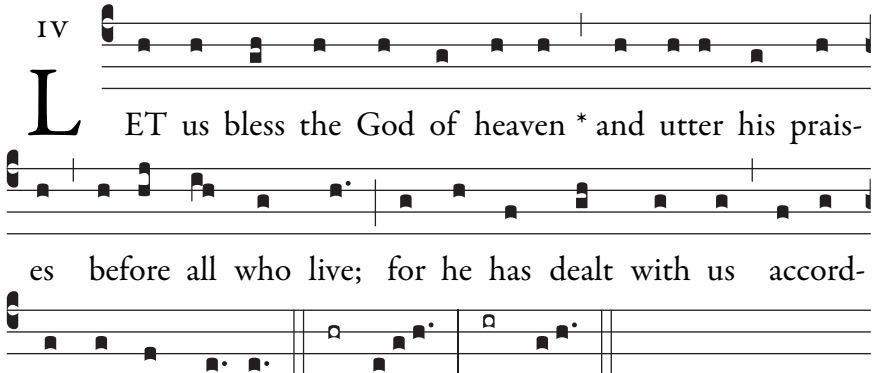
3. Dew and rain, bless *the Lord*. \*  
Frost and chill, bless *the Lord*.  
Ice and snow, bless *the Lord*. \*  
Nights and days, bless *the Lord*.  
Light and darkness, bless *the Lord*. \*  
Lightnings and clouds, bless *the Lord*.  
Let the earth bless *the Lord*. \*  
Praise and exalt him above all *forever*.
4. Mountains and hills, bless *the Lord*. \*  
Everything growing from the earth, bless *the Lord*.  
You springs, bless *the Lord*. \*  
Seas and rivers, bless *the Lord*.  
You dolphins and all water creatures, bless *the Lord*. \*  
All you birds of the air, bless *the Lord*.  
All you beasts, wild and tame, bless *the Lord*. \*  
You sons of men, bless *the Lord*.  
O Israel, bless *the Lord*. \*  
Praise and exalt him above all *forever*.
5. Priests of the Lord, bless *the Lord*. \*  
Servants of the Lord, bless *the Lord*.  
Spirits and souls of the just, bless *the Lord*. \*  
Holy men of humble heart, bless *the Lord*.  
Hananiah, Azariah, Mishaël, bless *the Lord*. \*  
Praise and exalt him above all *forever*.
6. Let us bless the Father, and the Son, and the *Holy Spirit*. \*  
Let us praise and exalt him above all *forever*.  
Blessèd are you in the firmament of *heaven*. \*  
Praiseworthy and glorious and exalted above all *forever*.

COMMUNION (Years A & C)

*Benedicimus Deum*

*Tob 12: 6*

IV



LET us bless the God of heaven \* and utter his praises before all who live; for he has dealt with us according to his mercy.

Canticle of Tobit

1. Blessed be God who *lives forever*, \*  
because his kingdom lasts for *all* ages.  
Praise him, you Israelites, *before the Gentiles*, \*  
for though he has scattered you *among* them,
2. He scourged you for *your iniquities*, \*  
but will again have mercy on *you all*.  
He will gather you from *all the Gentiles* \*  
among whom you have *been scattered*.
3. When you turn back to him with *all your heart*, \*  
to do what is right *before* him,  
Then he will turn *back to you*, \*  
and no longer hide his face *from you*.  
So now consider what he has *done for you*, \*  
and praise him with *full voice*.

4. Bless the *Lord of righteous*ness, \*  
and exalt the King of *the* ages.

In the land of my *exile* I **praise** him, \*  
and show his power and majesty to a *sinful* nation.

5. “Turn *back*, *you* **sinner**s! \*  
do the right *before* him:

perhaps he may look with *favor* *upon* you \*  
and show *you* **mercy**.

Let all men speak *of his* **majesty**, \*  
and sing his praises in *Jerusalem*.”

6. O Jerusalem, holy city, †  
he scourged you for the works *of your* **hands**, \*  
but will again pity the children of *the* **righteous**.

7. Praise the Lord for his goodness, †  
and bless the King *of the* ages, \*  
so that his tent may be rebuilt in you *with* **joy**.

May he gladden within you all *who were* **captives**; \*  
all who were ravaged may he cherish within you for all  
generations *to* **come**.

Glory be to the Father ...

COMMUNION (Year B)

*Data est mihi*

*Mt 28: 18, 19*

I



**A**LL power has been given to me \* in heaven and  
on earth al-le-lu-ia; go therefore and teach all the na-  
tions, baptizing them in the name of the Father and of  
the Son and of the Ho-ly Spirit, al-le-lu-ia, al-le-lu-ia.

Psalm 78 (77)

1. Give ear, my people, *to my teaching*; \*  
incline your ear to the words of *my mouth*.  
The things we have heard and *understood*, \*  
the things our fathers *have told* us,  
these we will not hide *from their children* \*  
but will tell them to the next generation:
2. Yet he commanded the *clouds above*, \*  
and opened the gates *of heaven*.  
He rained down *manna to eat*, \*  
and gave them bread *from heaven*.

3. Man ate the *bread of angels*. \*  
He sent them abundance *of food*;  
He rained flesh upon *them like dust*, \*  
winged fowl like the sands of *the sea*.

Glory be to the Father ...



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