

# THE HOLY BODY AND BLOOD OF CHRIST

## INTROIT

*Cibavit eos*

*Ps 81 (80), 17*

II

**H** E fed them \* with the finest of wheat, al-le-lu-  
ia; and with honey from the rock he satisfied them,  
al-le-lu-ia, al-le-lu-ia.

### Psalm 81 (80)

1. Sing joyfully to *God our strength*, \*  
shout in triumph to the *God of Jacob*.  
Raise a song and *sound the timbrel*, \*  
the sweetsounding harp and *the lute*;
2. For this is a *statute in Israel*, \*  
a command of the *God of Jacob*.  
He made it a *decree for Joseph*, \*  
when he went out from the *land of Egypt*.
3. I am the **LORD** your God, †  
who brought you up from the *land of Egypt*. \*  
Open wide your mouth, and I *will fill* it.

Glory be to the Father ...

OFFERTORY (Option 1)

*Portas cæli*

*Ps 78 (77): 23, 24, 25*

VIII

**T** HE Lord opened the doors of heaven \* and rained  
down manna upon them to eat; he gave them bread  
from heaven; man ate the bread of an-gels, al-le-lu-ia.

Psalm 78 (77)

1. Give ear, my people, *to my teaching*; \*  
incline your ear to the words *of my mouth*.  
I will open my mouth *in a parable* \*  
and utter hidden lessons *of the past*.
2. The things we have heard and *understood*, \*  
the things our *fathers have told* us,  
these we will not hide *from their children* \*  
but will tell them to the next *generation*:  
the glories of the LORD *and his might*, \*  
and the marvelous deeds *he has done*.

3. He established a decree *in Jacob*; \*  
 in Israel he set *up a law*.  
 To our fathers he gave *a command* \*  
 to make it known *to their children*,  
 that the next generation *might know* it, \*  
 the children yet *to be born*.

4. They should arise and declare it *to their children*, \*  
 that they should set their *hope in God*,  
 and never forget *God's deeds*, \*  
 but keep every one of *his commands*,

OFFERTORY (Option 2)

*Sanctificavit*

*Ex 32: 11, 15, 13, 14*

**M** <sup>v</sup> Oses consecrated an altar to the Lord, \* and  
 presented thereupon burnt offerings and sac-ri-fi-cial vic-  
 tims; he made an evening sacrifice as a fragrant offering  
 to the Lord, in the presence of the sons of Is-ra-el.

Exodus 32: 33-35

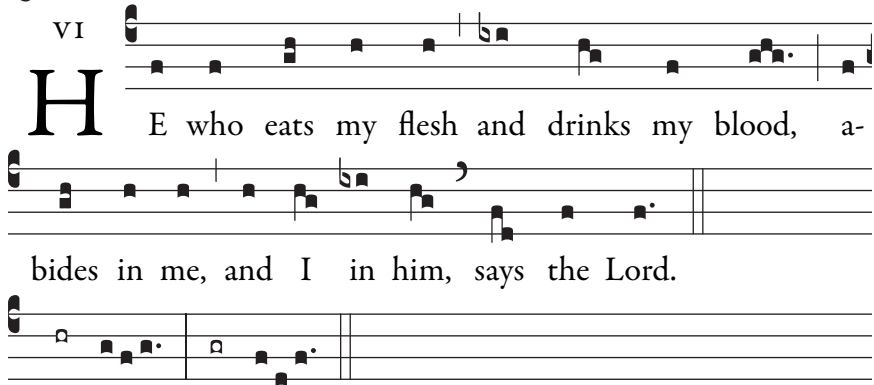
1. The LORD answered, †  
“Him only who has sinned *against me* \*  
will I strike out of *my book*.
2. Now, go and lead the people whither I *have told* you. \*  
My angel will *go before* you.  
When it is time for me *to punish*, \*  
I will punish them *for their sin*.”
3. Thus the LORD smote *the people* \*  
for having had Aaron make the *calf for them*.

COMMUNION (Years A & B)

*Qui manducat*

*Jn 6: 57*

VI



HE who eats my flesh and drinks my blood, a-  
bides in me, and I in him, says the Lord.

Psalm 119 (118)

1. Blessed are those whose *way is blameless*, \*  
who walk in the law *of the LORD*!  
Blessed are those who keep *his decrees*! \*  
With all their *hearts they seek* him.

2. I treasure your word *in my heart*, \*  
lest I *sin against* you.  
Remember your word *to your servant*, \*  
by which you *made me hope*.  
This is my *comfort in sorrow*: \*  
that your promise *gives me life*.
  
3. The law from your mouth means *more to me* \*  
than large quantities of *silver and gold*.  
How sweet is your promise *to my tongue*, \*  
more than honey *in the mouth*.
  
4. Your word is a lamp *for my feet*, \*  
and a light *for my path*.  
I rejoice *at your promise*, \*  
like one who finds *a great treasure*.

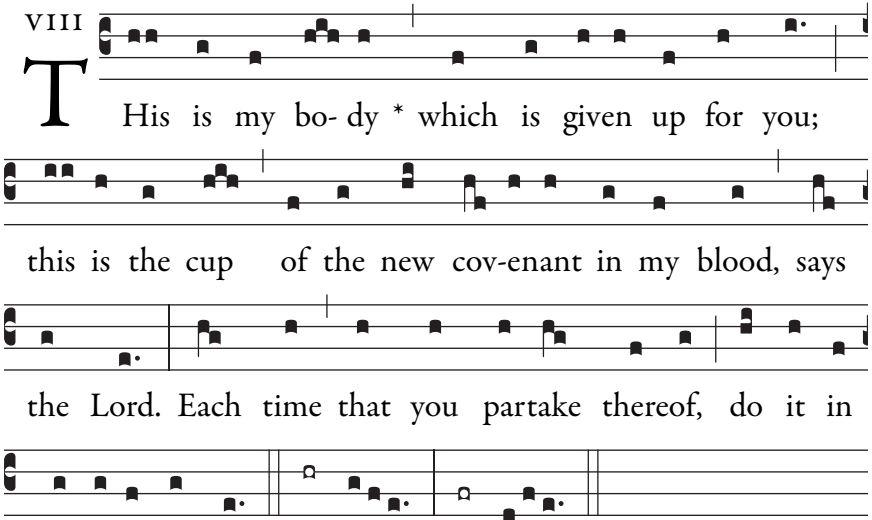
Glory be to the Father ...

COMMUNION (Year C)

*Hoc corpus*

*1 Cor 11: 24, 25*

VIII



**T** His is my bo- dy \* which is given up for you;  
this is the cup of the new cov-enant in my blood, says  
the Lord. Each time that you partake thereof, do it in  
memo-ry of me.

Psalm 23 (22)

1. The LORD *is my shepherd*; \*  
there is nothing *I shall want*.  
Fresh and green *are the pastures* \*  
where he gives *me repose*.  
Near restful waters *he leads me*; \*  
he *revives my soul*.
2. He guides me along *the right path*, \*  
for the sake of *his name*.

Though I should walk in the valley of the shadow of death, †  
no evil would I fear, for *you are with me*. \*  
Your crook and your staff will *give me comfort*.

3. You have prepared a *table before* me \*  
in the sight *of my foes*.  
My head you have anointed *with oil*; \*  
my cup is *overflowing*.
  
4. Surely goodness and mercy *shall follow* me \*  
all the days *of my life*.  
In the LORD's own house *shall I dwell* \*  
for length of *days unending*.

Glory be to the Father ...

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