

Cantor : Blessed be the great Mother of God, / Mary most **holy**. *
Blessed be her holy and Immaculate *Conception*.

All : Blessed be her glorious *Assumption*. *
Blessed be the name of Mary, / virgin *and mother*.

Cantor : Blessed be Saint **Joseph**, *
her most *chaste spouse*.

All : Blessed be **God** *
in his angels and in *his saints*.

Holy God, We Praise Thy Name

Holy God, we praise thy Name ;	Hark ! The loud celestial hymn
Lord of all, we bow before thee ;	Angel choirs above are raising ;
All on earth thy scepter 'claim ;	Cherubim and seraphim,
All in heav'n above adore thee ;	In unceasing chorus praising,
Infinite thy vast domain ;	Fill the heav'ns with sweet accord :
Everlasting is thy reign.	Holy, holy, holy Lord.

PRAYER AFTER THE DIVINE OFFICE

Let every creature give unending praise, honor, power and glory throughout all eternity to the Most Holy and Undivided Trinity, the crucified humanity of our Lord Jesus Christ, the chaste Motherhood of Mary, the ever glorious and blessed Virgin, and to the entire assembly of saints, and may we be granted the forgiveness of our sins.

Blessed is the womb of the Blessed Virgin Mary which bore the Son of the Eternal Father. And blessed are the breasts which nursed Christ our Lord.



PRAYER BEFORE THE DIVINE OFFICE

Open my lips, O Lord, to praise your holy Name. Cleanse my heart of any vain, evil, or distracting thoughts. Give light to my mind and fervor to my will; enable me to recite this Office worthily, attentively, and devoutly, so that my prayer will be heard in the presence of your divine Majesty. Through Christ our Lord. Amen.

Lord, I offer you this Hour with the divine intention you had while on earth offering praises to God.

**EXPOSITION AND ADORATION
OF THE MOST BLESSED SACRAMENT**

O Salutaris Hostia

O salutáris hóstia,
Quæ cæli pandis óstium,
Bella premunt hostília ;
Da robur, fer auxiliúm.

Uni trinóque Dómino
Sit sempitérna glória :
Qui vitam sine término
Nobis donet in pátria.

Amen.

O Saving Victim opening wide
The gate of heav'n to man below :
Our foes press on from every side ;
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three ;
O grant us life that shall not end
In our true native land with thee.

Amen.

A time of silent adoration follows.

FIRST SUNDAY OF ADVENT. AT SECOND VESPERS

Psalter: Week I

A glimpse into the kingdom of God

Vespers is the evening prayer of the Church. This is the hour of thanksgiving for the graces bestowed during the day of salvation that has just passed. In Sunday Vespers we review gratefully the history of God's kingdom in the Church and in individual souls. We see Christ our victorious King in his power (Ps 109), and the Church in the image of the Jewish people, setting out from the slavery of Egypt into the promised land (Ps 113). There are two principal objects to our Vesper prayers: thanksgiving, and new courage to continue our pilgrimage.

OPENING VERSE

STAND

O God, come to my as-sistance. R̄. O Lord, make haste to help me. Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it: as it was in the be-gin-ning, is now, and will be for ev-er. A-men. Al- le- lu- ia.

HYMN

Conditor alme siderum. (L.M.)

7th century.

C 1. *Creator of the stars of night,
Thy people's everlasting light,
Jesus, Redeemer, save us all,
And hear thy servants when they call.*

A 2. **Thou, grieving that the ancient curse
Should doom to death a universe,
Hast found the med'cine, full of grace,
To save and heal a ruined race.**

C 3. *Thou camest, the Bridegroom of the
Bride,
As drew the world to evening tide,
Proceeding from a virgin shrine,
The spotless Victim all divine.*

A 4. **At whose dread Name, majestic now,
All knees must bend, all hearts must bow;
And things celestial thee shall own,
And things terrestrial, Lord alone.**

C 5. *O thou whose coming is with dread,
To judge and doom the quick and dead,
Preserve us, while we dwell below;
From ev'ry insult of the foe.*

A 6. **To God the Father, God the Son,
And God the Spirit, Three in One,
Laud, honor, might, and glory be
From age to age, eternally.**

Amen.

BENEDICTION

OF THE MOST BLESSED SACRAMENT

Tantum ergo Sacramentum

Tantum ergo Sacramentum
Veneremur cernui;
Et antiquum documentum
Novo cedat ritui;
Præstet fides supplementum
Sensuum defectui.

Genitori, Genitque
Laus et iubilatio,
Salus, honor, virtus, quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.

∇ Panem de cælo præstitisti
eis (T. P. alleluia).
R̄. Omne delectamentum in se
habentem (T. P. alleluia).

Oratio

DEUS, qui nobis sub sacramento mirabili, passionis tuæ memoriã reliquisti: * tribue, quæsumus, ita nos Corporis et Sanguinis tui sacra mysteria venerari; ut redemptionis tuæ fructum in nobis iugiter sentiamus: Qui vivis et regnas in sæcula sæculorum. R̄. Amen.

Prayer

O God, who in this wonderful Sacrament have left us a memorial of your Passion, * grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign for ever and ever. R̄. Amen.

The Divine Praises



Cantor: Blessed be **God**. *
Blessed be his holy **Name**.

All: Blessed be Jesus Christ, / true God and true **man**. *
Blessed be the *Name of Jesus*.

Cantor: Blessed be his most Sacred **Heart**. *
Blessed be his most *Precious Blood*.

All: Blessed be Jesus in the most holy Sacrament of the **Altar**. *
Blessed be the Holy Spirit, *the Paraclete*.

INTERCESSIONS

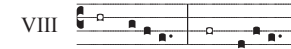


- Celebrant* : To Jesus Christ, our Redeemer, / the way, the truth, and the life, / let us make our humble **prayer** :
- All* : Come and stay with us, *O Lord*.
- Cantor* : Son of the Most High, / your coming was announced to the Virgin Mary by **Gabriel**,
- All* : come and rule over your people *for ever*.
- Cantor* : Holy One of God, / in your presence John the Baptist leapt in Elizabeth's **womb**,
- All* : bring the joy of salvation to all *the earth*.
- Cantor* : Jesus the Savior, / the angel revealed your name to Joseph, the **just** man,
- All* : come and save your people from *their sins*.
- Cantor* : Light of the world, / for whom Simeon and all the just **waited**,
- All* : come and *comfort us*.
- Cantor* : O Rising Sun that never sets, / Zechariah foretold that you would visit us from **above**,
- All* : come and shine on those who dwell in darkness / and the shadow of **death**.
- Our Father . . .
- Celebrant* : Grant your faithful, we pray, almighty God, the resolve to run forth to meet your Christ with righteous deeds at his coming, * so that, gathered at his right hand, they may be worthy to possess the heavenly Kingdom. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, * for ever and ever.
- All* : Amen.

Vespers concludes with Benediction of the Most Blessed Sacrament.

ANTIPHON I

SIT



- Cantor* : Rejoice, daughter of **Zion** ; *
shout for joy, / daughter of Jerusalem, / *alleluia*.

Psalm 109

King and Priest

A famous Messianic Psalm. In colorful pictures, the royal psalmist paints the mission, conflict, and triumph of our Savior. We ought to pray this Psalm with sentiments of deepest devotion, homage, adoration; for Christ has applied these words of prophecy to himself.

Christ's reign will last until all his enemies are made subject to him (1 Corinthians 15 : 25)

Appointed King by God

- Cantor* : The Lord's revelation to my Master : /
" Sit on my **right** : *
your foes I will put *beneath your feet* . "
- All* : The Lord will wield from Sion your scepter of **power** : *
rule in the midst of *all your foes*.
- Cantor* : A prince from the day of your birth on the *holy mountains* ; *
from the womb before the dawn *I begot* you.

Appointed Priest by God

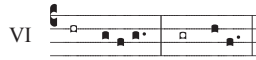
- All* : The Lord has sworn an oath he will not change. /
" You are a *priest for ever*, *
a priest like Melchizedek of **old** . "

Conqueror and Judge in God

- Cantor* : The Master standing *at your right* hand *
will shatter kings in the day of *his great wrath*.
- All* : He shall drink from the stream *by the wayside* *
and therefore he shall lift *up his head*.

Doxology

- Cantor* : Glory to the Father, and *to the Son*, *
and to the *Holy Spirit* :
- All* : as it was in the beginning, *is now*, *
and will be for ever. **Amen**.
- Cantor* : Rejoice, daughter of **Zion** ; *
shout for joy, / daughter of Jerusalem, / *alleluia*.



ANTIPHON 2

Cantor : Christ our King will *come to us* : *
the Lamb of God foretold by **John**.

Psalm 113

The Israelites are delivered from the bondage of Egypt

This Psalm in its simplicity is full of poetry : nature rejoices as it sees God marching by in the Ark of the Covenant. In our prayers, this is God's solemn procession through time in the forward progress of his Church. Christ is in procession, a Corpus Christi procession ; and it is our privilege to march along with him.

You too left Egypt when, at Baptism, you renounced that world which is at enmity with God (Saint Augustine)

God and his people

Cantor : When Israel came *forth from Egypt*, *
Jacob's sons from an alien **people**,

All : Judah became *the Lord's temple*, *
Israel became *his kingdom*.

Nature's holy fear

Cantor : The sea fled *at the sight* : *
the Jordan turned back on *its course*.

All : the mountains *leapt like rams* *
and the hills like *yearling sheep*.

Cantor : Why was it, sea, *that you fled*, *
that you turned back, Jordan, on *your course* ?

All : Mountains, that you *leapt like rams*, *
hills, like *yearling sheep* ?

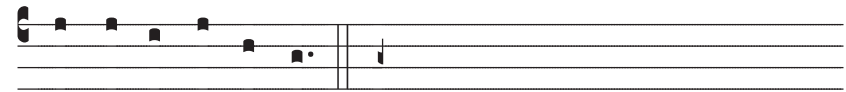
Cantor : Tremble, O earth, *before the Lord*, *
in the presence of the God of **Jacob**,

All : who turns the rock into a **pool** *
and flint into a spring of **water**.

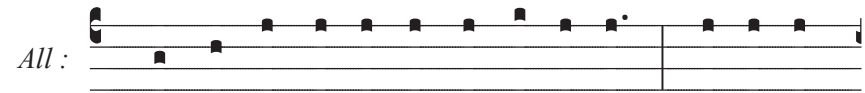
Doxology

Cantor : Glory to the Father, and *to the Son*, *
and to the Holy **Spirit** :

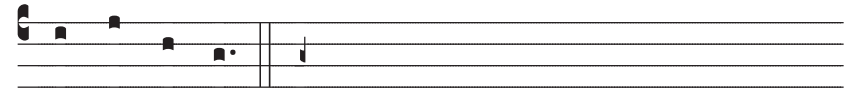
All : as it was in the *beginning, is now*, *
and will be for ever. **Amen**.



his children for ev- er.



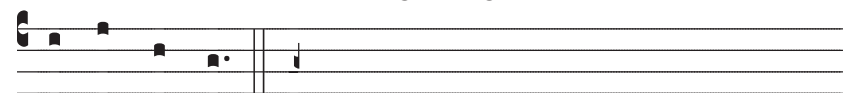
All : 10. Glo- ry to the Fa-ther, and to the Son, * and to the



Ho- ly Spir- it :



Cantor : 11. as it was in the be- gin-ning, is now * and will be for



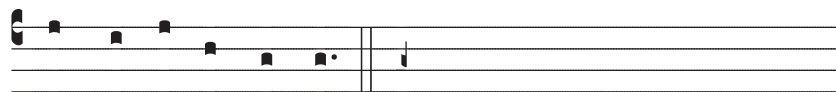
ev- er. A- men. *The antiphon is repeated by the Cantor.*

Cantor : Do not be afraid, Mary, / you have found favor **with** God; *
you will conceive and give birth to a Son, / **alleluia**.

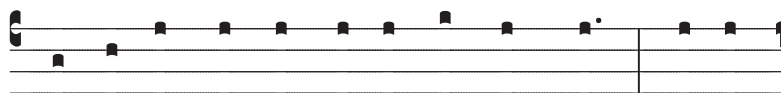


Cantor : 

5. He has shown the strength of his arm, * he has scattered



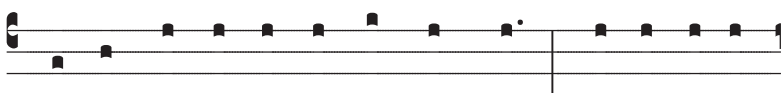
the proud in their con-ceil.

All : 

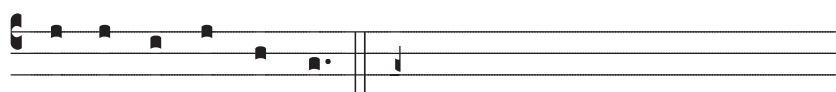
6. He has cast down the might-y from their thrones, * and has



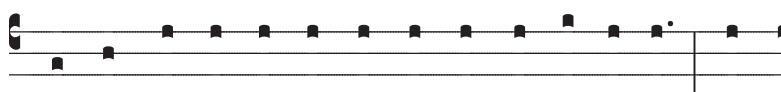
lift-ed up the low-ly.

Cantor : 

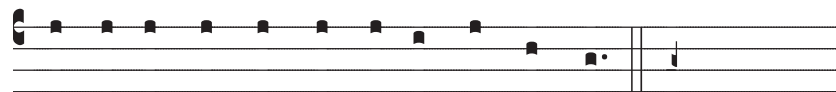
7. He has filled the hun-gry with good things, * and the rich he



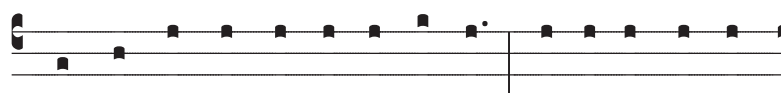
has sent a-way emp-ty.

All : 

8. He has come to the help of his ser-vant, Is- ra- el * for

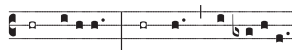


he has re-mem-bered his promise of mer- cy,

Cantor : 

9. the prom-ise he made to our fa-thers, * to A-bra-ham and

Cantor : Christ our King will *come to us* : *
the Lamb of God foretold by **John**.

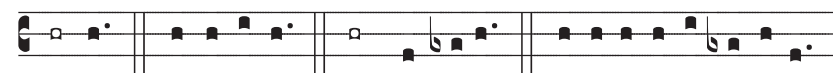
v 

ANTIPHON 3

Cantor : I am coming soon, **says** the Lord, *
I will give to everyone / the **reward** his **deeds** deserve.

CANTICLE

Apocalypse 19 : 1-7



∩. R̄: Al-le-lu-ia. ∩. R̄: Al-le-lu-ia, al- le-lu-ia.

The wedding of the Lamb

Cantor : Salvation, glory, and power to our God : *

All : R̄: Alleluia.

Cantor : his judgments are honest *and true*.

All : R̄: Alleluia, **alleluia**.

Cantor : Sing praise to our God, all you his servants, *

All : R̄: Alleluia.

Cantor : all who worship him rev'rently, / *great and small*.

All : R̄: Alleluia, **alleluia**.

Cantor : The Lord our all-powerful God is King ; *

All : R̄: Alleluia.

Cantor : let us rejoice, sing praise, and *give him glory*.

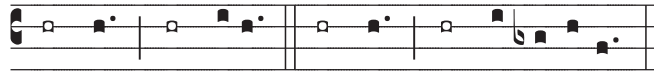
All : R̄: Alleluia, **alleluia**.

Cantor : The wedding feast of the Lamb has begun, *

All : R̄: Alleluia.

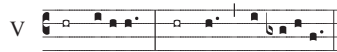
Cantor : and his bride is prepared to **welcome** him.

All : R̄: Alleluia, **alleluia**.



Cantor : Glory to the Father, and to the Son, /
and to the Holy **Spirit** :

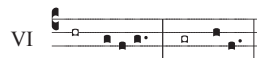
All : as it was in the beginning, is now, /
and will be for ever. Amen.



Cantor : I am coming soon, **says** the Lord, *
I will give to everyone / the **reward** his **deeds** deserve.

READING *Philippians 4 : 4-5*

Rejoice in the Lord always! I say it again. Rejoice! Everyone should see how unselfish you are. The Lord is near.



RESPONSORY

Cantor : Let us *see*, **O Lord**, *
your mercy *and* love.

All : Let us *see*, **O Lord**, *
your mercy *and* love.

Cantor : And grant us *your* salvation, *

All : your mercy *and* love.

Cantor : Glory to the Father, and *to the Son*, *
and to the Holy **Spirit** :

All : Let us *see*, **O Lord**, *
your mercy *and* love.

CANTICLE OF MARY

STAND

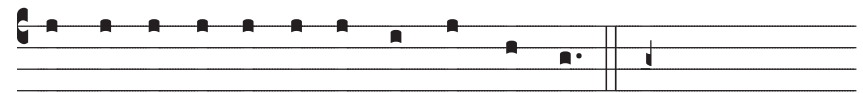
Ant : Do not be afraid, Mary, / you have found favor **with** God; *
you will conceive and give birth to a Son, / *alleluia*.

The Cantor begins the Canticle, and alternates verses with All.

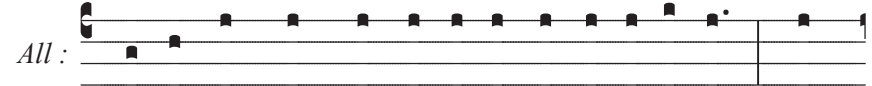
The soul rejoices in the Lord *Luke 1 : 46-55*



MY soul proclaims the greatness of the Lord, * and

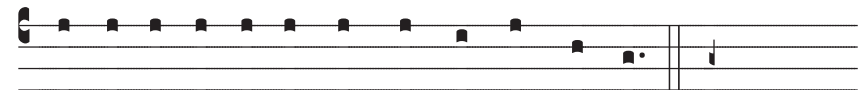


my spir- it re-joic- es in God my Sav- ior.

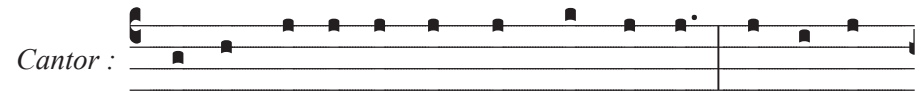


All :

2. for he has looked with fav-or on his low-ly servant. * From

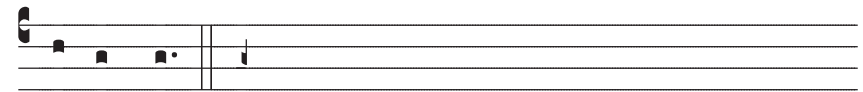


this day all gen- er- a- tions will call me bless- ed :

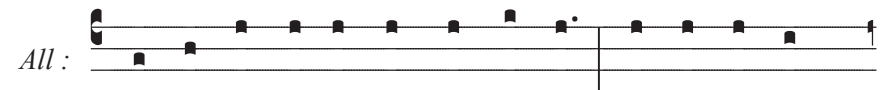


Cantor :

3. the Al- migh- y has done great things for me, * and ho- ly

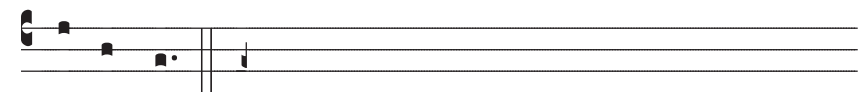


is his Name.



All :

4. He has mer- cy on those who fear him * in ev- 'ry gen-

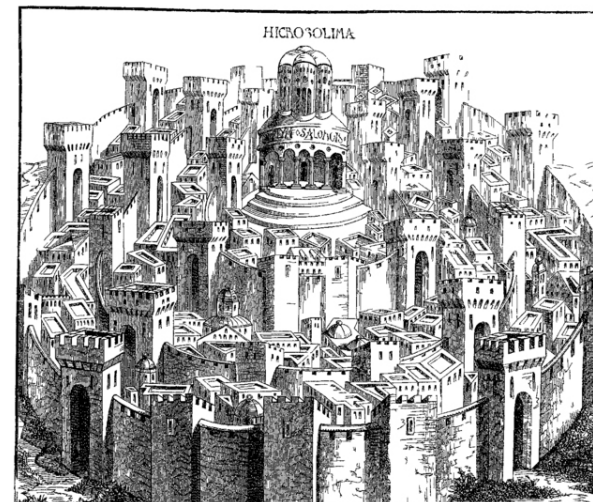


er- a- tion.

**THE OFFICE OF SUNDAY VESPERS
FIRST SUNDAY OF ADVENT**

Roman Rite. Psalter : Week I

Ordinary Form



Prepared by

Fr. Samuel F. Weber, O.S.B.
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CATHEDRAL OF SAINT EUGENE

Diocese of Santa Rosa

2012

*Do not be afraid, Mary,
you have found favor with God ;
you will conceive and give birth to a Son, alleluia.*

Antiphon at Magnificat

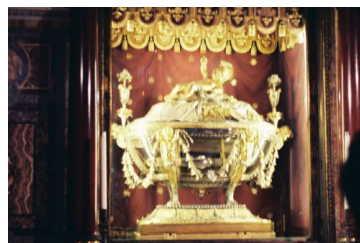
STATION AT SAINT MARY MAJOR

At Christmas, Jesus will be born in our hearts, for at that time the anniversary of his birth will be celebrated. He refuses nothing, to the prayer of the Church, his spouse, and thus he will grant to our souls the same graces which he gave the shepherds and the Wise Men.

Christ will come again also, at the end of all time, to “condemn the guilty to the flames, and to call the just with a loving voice to heaven”
Hymn at the Night Office.

The whole of today’s liturgy is a preparation for this double Advent of mercy and justice. Some parts of it can be applied equally to either, while others refer to our Divine Redeemer’s lowly birth, and others again, to his coming in the splendor of his power and majesty. The same welcome will be given to us by our Lord when he comes to judge us, as we give to him now when coming to redeem us. Let us prepare for the Christmas feast by holy prayers and aspirations and by reforming our lives, that we may be ready for that last great judgment upon which depends the fate of our soul for all eternity. And all this with confidence, for all “who wait upon the Lord will never be confounded” *Psalm 24.*

In former times on this First Sunday of Advent, all the people of Rome made the station at the Basilica of Saint Mary Major, to assist at the solemn Mass which the Pope celebrated, surrounded by his clergy. This particular Church was chosen because it is Mary who gave us Jesus and because relics of the crib in which the Blessed Mother placed her Divine Child are preserved in this Church.



FIRST SUNDAY OF ADVENT AT SECOND VESPERS

Psalter : Week I

Antiphons *In Cantu*
for cantor, schola or choir

I Ant.
VIII

R E-joyce, daughter of Zi- on ; *shout for joy, daughter of

Je- ru- sa-lem, al- le- lu- ia, al- le- lu- ia. *Psalm 109*

2 Ant.
VI

C Hrist our King will come to us : * the Lamb of God fore-

told by John. *Psalm 113 B*

3 Ant.
V

I am com-ing soon, says the Lord ; * I will give to ev-

'ry- one the re-ward his deeds deserve. [*intonation from antiphon*]

Canticle, Apocalypse 19 : 1-7

At Magnificat. Antiphon ad libitum

VIII

D O not be a- afraid, Mar- y, * you have found fav- or with

God ; you will con-ceive and give birth to a Son, al- le- lu- ia.