



**PRAYER BEFORE THE DIVINE OFFICE**

Open my lips, O Lord, to praise your holy Name. Cleanse my heart of any vain, evil, or distracting thoughts. Give light to my mind and fervor to my will; enable me to recite this Office worthily, attentively, and devoutly, so that my prayer will be heard in the presence of your divine Majesty. Through Christ our Lord. Amen.

Lord, I offer you this Hour with the divine intention you had while on earth offering praises to God.

**PRAYER AFTER THE DIVINE OFFICE**

Let every creature give unending praise, honor, power and glory throughout all eternity to the Most Holy and Undivided Trinity, the crucified humanity of our Lord Jesus Christ, the chaste Motherhood of Mary, the ever glorious and blessed Virgin, and to the entire assembly of saints, and may we be granted the forgiveness of our sins.

Blessed is the womb of the Blessed Virgin Mary which bore the Son of the Eternal Father. And blessed are the breasts which nursed Christ our Lord.

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**SUNDAY AT FIRST VESPERS**

*Psalter: Week II*

*A glimpse into the kingdom of God*

Vespers is the evening prayer of the Church. This is the hour of thanksgiving for the graces bestowed during the day of salvation that has just passed. In Sunday Vespers we review gratefully the history of God's kingdom in the Church and in individual souls. We see Christ our victorious King in his power (Philippians Ct.), and God's care over his chosen ones (Ps 118 & 15). There are two principal objects to our Vesper prayers: thanksgiving, and new courage to continue our pilgrimage during the coming week.

**OPENING VERSE**

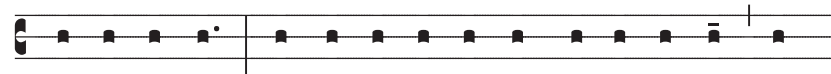
**STAND**

*Celebrant:*

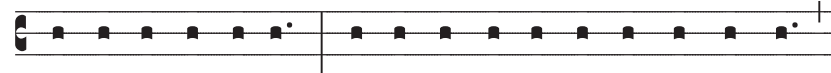
*All:*

**O**

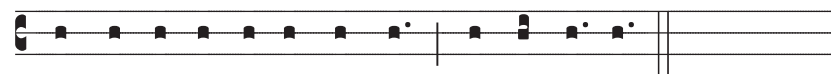
God, come to my as-sistance. R. O Lord, make



haste to help me. Glo-ry to the Fa-ther, and to the Son, and



to the Ho-ly Spir-it: as it was in the be-gin-ning, is now,



and will be for ev-er. A-men. Al-le-lu-ia.

**HYMN**

*From a Gothic Hymnal. Author and century unknown.*

*Rerum Deus, fons omnium. (L.M.)*

*C 1. O God, the Source and Fount of life,  
 Creating all things by your will,  
 To give us joy you never cease  
 The earth with wondrous gifts to fill.*

**A 2. And when creation was complete,  
 Repose for man you also blest  
 By resting on the seventh day,  
 That he might toil again refreshed.**

*C 3. To fallen mortals grant the grace  
 Of sorrow for each sins's offence,  
 And courage to begin anew  
 And strive for virtue's recompense.*

**C 4. When Christ the Judge supreme appears  
 To sift the present and the past,  
 May we his servants thrill with joy  
 And peace to gaze on him at last.**

*C 5. O God of mercy, hear our prayer,  
 A With Christ, your Son, and Spirit blest,  
 Transcendant Trinity in whom  
 Created things all come to rest. Amen.*

**SIT**

**ANTIPHON I**



*Cantor* : Your word, O Lord, \*  
is the lantern to light our way, / *alleluia*.

**Psalm 118**

**A meditation on God's law**

*"I am yours, give me salvation," the psalmist prays in Ps 118. At the Vesper hour we recall the day's battle. The strophe from Ps 118 gives the picture of a battle raging back and forth between God and the world. We keep throwing new reserves into the battle, the religious motivations that are meant to keep us faithful.*

*This is my commandment :  
that you should love one another (John 15:12)*

**Fourteenth strophe : In spite of peril I will be true**

*Cantor* : Your word is a lamp for my steps \*  
and a light for my path.

*All* : I have sworn and have made up my mind \*  
to obey your decrees.

*Cantor* : Lord, I am deeply afflicted : \*  
by your word give me life.

*All* : Accept, Lord, the homage of my lips \*  
and teach me your decrees.

*Cantor* : Though I carry my life in my hands, \*  
I remember your law.

*All* : Though the wicked try to ensnare me \*  
I do not stray from your precepts.

*Cantor* : Your will is my heritage for ever, \*  
the joy of my heart.

*All* : I set myself to carry out your will \*  
in fullness, for ever.

**Doxology**

*Cantor* : Glory to the Father, and to the Son, \*  
and to the Holy Spirit :

*All* : as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Cantor* : Your word, O Lord, \*  
is the lantern to light our way, / *alleluia*.

2 Ant.  
VI

**W** Hen I see your face, O Lord, \* I shall know the fullness  
of joy in your presence, O Lord, al-le-lu-ia.

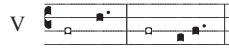
3 Ant.  
IV g

**L** ET ev'-rything \* in heav-en and on earth bend the knee  
at the name of Je-sus. *Canticle : Philipians 2:6-11*

Resp.  
VI

**F** ROM the ris-ing of the sun to its setting, \* may the name  
of the Lord be praised. From. √ His splendor reach-es be-yond  
the heavens. \* May. √ Glo-ry to the Fa-ther, and to the Son,  
and to the Ho-ly Spir-it. From.

**INTERCESSIONS**



*Celebrant* : God aids and protects the people he has chosen for his inheritance. Let us give thanks to him and proclaim his **goodness** :

*All* : Lord, / we trust in you.

*Cantor* : We pray for *N.*, our Pope, and *N.* our **bishop**,

*All* : protect them / and in your goodness make *them* **holy**.

*Cantor* : May the sick feel their companionship with the suffering **Christ**,

*All* : and know that they will enjoy his eternal consolation.

*Cantor* : In your goodness have compassion on the **homeless**,

*All* : help them to find proper **housing**.

*Cantor* : In your goodness / give and preserve the fruits of the **earth**,

*All* : so that each day / there may be bread enough *for all*.

*Cantor* : Lord, / you attend the dying with your great **mercy**,

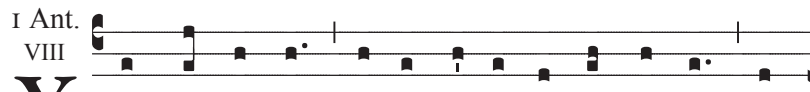
*All* : grant them an eternal **dwelling**.

Our Father . . .

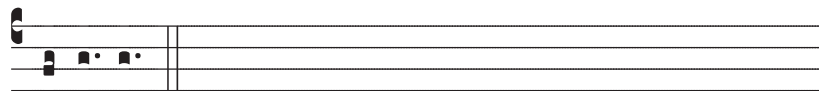
*Celebrant* : *Prayer proper to the Sunday*

*All* : Amen.

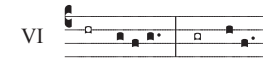
Antiphons *In Cantu* for cantor, schola or choir



**Y** Our word, O Lord, \* is the lantern to light my way, al-



le- lu- ia. *Psalm 118*



**ANTIPHON 2**

*Cantor* : When I see your *face*, **O Lord**, \*  
I shall know the fullness of joy, / *alleluia*.

**Psalm 15**

**The Lord himself is my portion**

*In this psalm we give thanks for the gift of faith and of grace. Other men may have kingdoms, but we possess God, the highest good. It is he who has given me my blessed calling. He will not suffer his holy one to see corruption: this beautiful Messianic verse foretelling the Resurrection of Christ may well be applied to our own hope in the resurrection of the body.*

*The Father raised up Jesus,  
freeing him from the grip of death (Acts 2 : 24)*

**My God and my all!**

*Cantor* : Preserve me, God, I take refuge in you. /  
I say to the Lord : / “ You are my God. \*  
My happiness lies in you alone. ”

*All* : He has put into my heart a marvelous love \*  
for the faithful ones who dwell in his land.

*Cantor* : Those who choose other gods increase their sorrows. /  
Never will I offer their offerings of blood. \*  
Never will I take their name upon my lips.

**The Lord is my portion**

*All* : O Lord, it is you who are my portion and cup; \*  
it is you yourself who are my prize.

*Cantor* : The lot marked out for me is my delight: \*  
welcome indeed the heritage that falls to me!

*All* : I will bless the Lord who gives me counsel, \*  
who even at night directs my heart.

*Cantor* : I keep the Lord ever in my sight: \*  
since he is at my right hand, / I shall stand firm.

**Blessed resurrection in God**

*All* : And so my heart rejoices, my soul is glad; \*  
even my body shall rest in safety.

*Cantor* : For you will not leave my soul among the dead, \*  
nor let your beloved know decay.

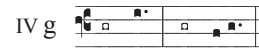
*All* : You will show me the path of life, /  
the fullness of joy in your presence, \*  
at your right hand happiness for ever.

**Doxology**

*Cantor* : Glory to the Father, and to the **Son**, \*  
and to the Holy **Spirit** :

*All* : as it was in the beginning, is **now**, \*  
and will be for ever. **Amen**.

*Cantor* : When I see your *face*, **O Lord**, \*  
I shall know the fullness of joy, / *alleluia*.



**ANTIPHON 3**

*Cantor* : Let everthing in heaven and on **earth** \*  
bend the knee at the name of **Jesus**.

**Canticle**

*Philippians 2:6-11*

**Christ, God's holy servant**

*Cantor* : Though he was in the form of God, /  
Jesus did not deem equality with **God** \*  
something to *be grasped* at.

*All* : Rather, he emptied himself /  
and took the form of a **slave**, \*  
being born in the likeness of **men**.

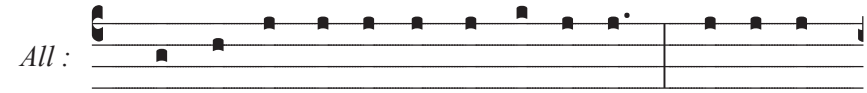
*Cantor* : He was known to be of human **estate**, \*  
and it was thus that he humbled *himself*

*All* : obediently accepting even **death**, \*  
death on a **cross** !

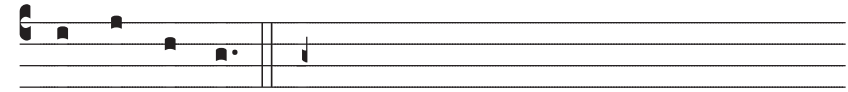
*Cantor* : Because of this, /  
God highly **exalted** him \*  
and bestowed on him the name /  
above every *other name*,



his children for ev- er.



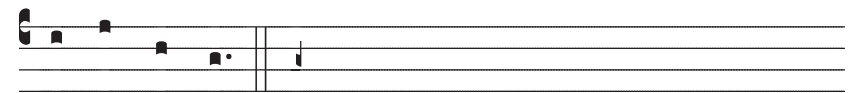
10. Glo- ry to the Fa-ther, and to the Son, \* and to the



Ho- ly Spir- it :

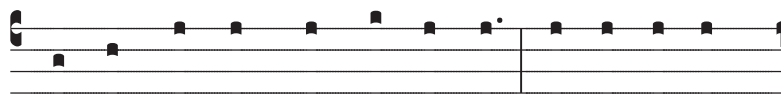


11. as it was in the be- gin-ning, is now \* and will be for

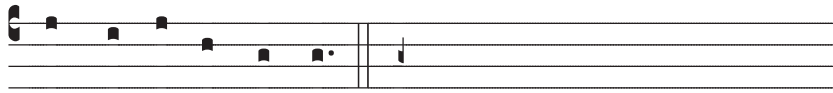


ev- er. A- men. *The antiphon is repeated by the Cantor.*




Cantor : 

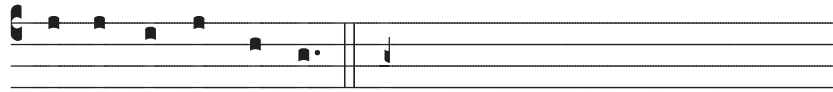
5. He has shown the strength of his arm, \* he has scattered



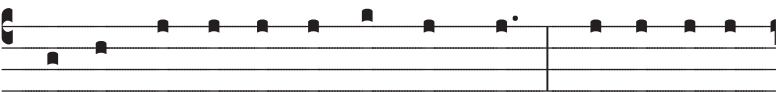
the proud in their con-ccit.

All : 

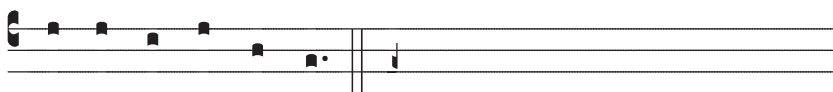
6. He has cast down the might-y from their thrones, \* and has



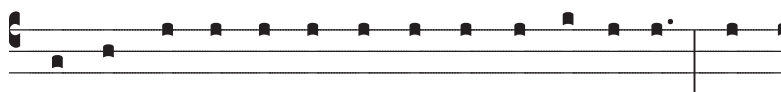
lift-ed up the low-ly.

Cantor : 

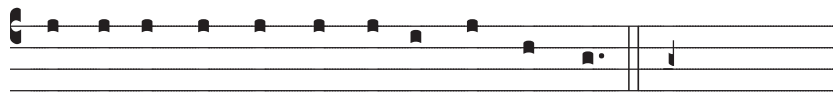
7. He has filled the hun-gry with good things, \* and the rich he



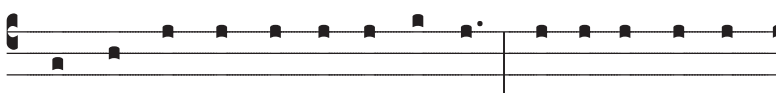
has sent a-way emp-ty.

All : 

8. He has come to the help of his ser-vant, Is- ra- el \* for



he has re-mem-bered his promise of mer- cy,

Cantor : 

9. the prom-ise he made to our fa-thers, \* to A-bra-ham and

All : So that at Jesus' name /  
every knee must **bend** \*  
in the heavens, on the earth, and under *the earth*,

Cantor : and every tongue proclaim /  
to the glory of God the **Father** : \*  
**JESUS CHRIST IS LORD !**

All : Glory to the Father, and to the **Son**, \*  
and to the Holy **Spirit** :

Cantor : as it was in the beginning, is **now**, \*  
and will be for ever. *Amen*.

Cantor : Let everthing in heaven and on **earth** \*  
bend the knee at the name of **Jesus**.

**READING**

*Collosians 1 : 2-6*

May God our Father give you grace and peace. We always give thanks to God, the Father of our Lord Jesus Christ, in our prayers for you because we have heard of your faith in Christ Jesus and the love you bear toward all the saints — moved as you are by the hope held in store for you in heaven. You heard of this hope through the message of truth, the gospel, which has come to you, has borne fruit, and has continued to grow in your midst, as it has everywhere in the world.

VI 

**RESPONSORY**

Cantor : From the rising of the sun *to its setting*,  
may the name of the Lord **be praised**.

All : From the rising of the sun *to its setting*,  
may the name of the Lord **be praised**.

Cantor : His splendor reaches *beyond the heavens* ; \*

All : may the name of the Lord **be praised**.

Cantor : Glory to the Father, and *to the Son*, \*  
and to the Holy **Spirit**.

All : From the rising of the sun *to its setting*,  
may the name of the Lord **be praised**.

Sunday 30 B

Son of David, have pity *on me*. \*  
What do you want me to do for you? /  
Lord, / restore my **sight**.

**Prayer**

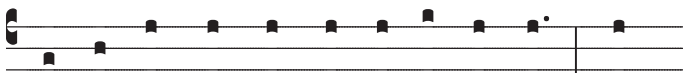
Almighty ever-living God,  
increase our faith, hope and charity,  
and make us love what you command,  
so that we may merit what you promise.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you  
in the unity of the Holy Spirit, one God,  
for ever and ever.

**CANTICLE OF MARY**

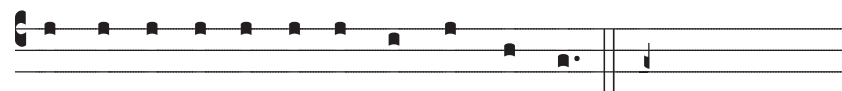
**STAND**

*The antiphon is sung by the Cantor. Tone VIII.  
The Cantor begins the Canticle, and alternates verses with All.*

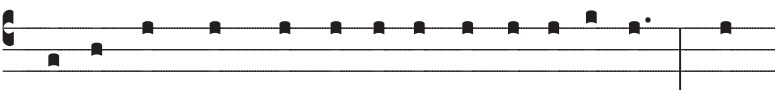
**The soul rejoices in the Lord** *Luke I : 46-55*

Cantor : VIII G 

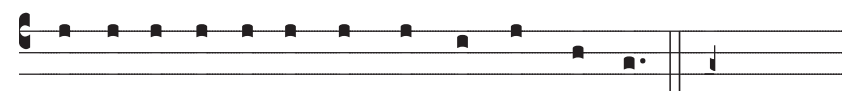
**M**Y soul proclaims the greatness of the Lord, \* and



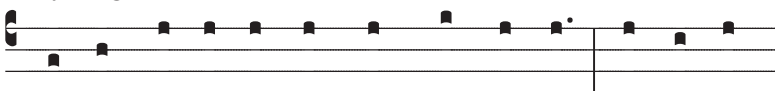
my spir- it re-joic- es in God my Sav- ior.

All : 

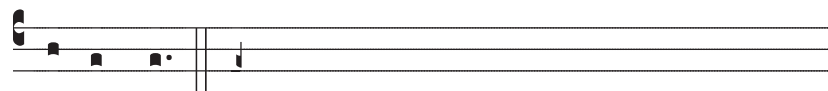
2. for he has looked with fav- or on his low-ly servant. \* From



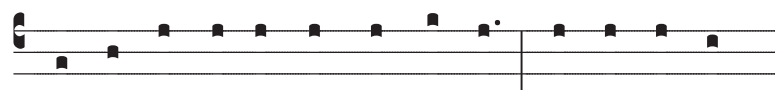
this day all gen- er- a- tions will call me bless- ed :

Cantor : 

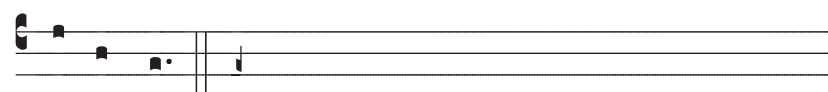
3. the Al- might- y has done great things for me, \* and ho- ly



is his Name.

All : 

4. He has mer- cy on those who fear him \* in ev- 'ry gen-



er- a- tion.



# II

SUNDAY  
at  
FIRST VESPERS

*Roman Rite. Psalter : Week II*

Ordinary Form



DEACON CANDIDATES

*Diocese of Oakland*

2012

*Prepared by*

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